

# Muffin Apple Spice Plain Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 440		Calories from Fat 220	
% Daily Values*			
Total Fat 24g		37 %	
Saturated Fat 5g		25 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 400mg		17 %	
Total Carbohydrate 54g		18 %	
Dietary Fiber 2g		8 %	
Sugars 28g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 10%
Calcium 4%		●	Iron 15%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin Batter (Enriched bleached flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, water, diced apples (apples, water, salt, ascorbic acid, citric acid), modified corn starch. Contains 2% or less of each of the following: partially hydrogenated vegetable shortening ((soybean, and/or cottonseed and/or canola oil) with propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), emulsifier (propylene glycol ester of fatty acids, mono-diglycerides and sodium stearoyl lactylate), salt, spice, nonfat milk, sodium bicarbonate, acidic sodium aluminum phosphate, artificial flavor, sodium caseinate, guar gum, xanthan gum.).

Contains: Eggs, Milk, Soy, Wheat

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin Apple Spice Plain( Key Name: 70052 )

# Muffin Apple Spice AA only

## Muffin

Nutrition Facts	
Serving Size 1 Muffin (130g)	
Serving Per Container: 1	
Amount Per Serving	
<b>Calories</b> 500	Calories from Fat 220
% Daily Values*	
<b>Total Fat</b> 24g	<b>37 %</b>
Saturated Fat 5g	<b>25 %</b>
Trans Fat 0	
<b>Cholesterol</b> 70mg	<b>23 %</b>
<b>Sodium</b> 400mg	<b>17 %</b>
<b>Total Carbohydrate</b> 70g	<b>23 %</b>
Dietary Fiber 2g	<b>8 %</b>
Sugars 44g	
<b>Protein</b> 6g	
Vitamin A 0%	Vitamin C 10%
Calcium 4%	Iron 15%
Vitamin E 0%	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	Carbohydrates 4 Protein 4

INGREDIENTS: Muffin Batter (Enriched bleached flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, water, diced apples (apples, water, salt, ascorbic acid, citric acid), modified corn starch. Contains 2% or less of each of the following: partially hydrogenated vegetable shortening ((soybean, and/or cottonseed and/or canola oil) with propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), emulsifier (propylene glycol ester of fatty acids, mono-diglycerides and sodium stearoyl lactylate), salt, spice, nonfat milk, sodium bicarbonate, acidic sodium aluminum phosphate, artificial flavor, sodium caseinate, guar gum, xanthan gum.), sugar .

Contains: Eggs, Milk, Soy, Wheat,  
Bioengineered food

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Muffin Apple Spice AA only( Key Name: 70053 )

# Muffin Apple Spice AA/Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 220	
% Daily Values*			
Total Fat 24g		37 %	
Saturated Fat 5g		25 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 400mg		17 %	
Total Carbohydrate 84g		28 %	
Dietary Fiber 2g		8 %	
Sugars 57g			
Protein 6g			
Vitamin A 0% ● Vitamin C 10%			
Calcium 4% ● Iron 15%			
Vitamin E 0% ● Vitamin B6 0%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9 ●	Carbohydrates 4 ●	Protein 4 ●	

INGREDIENTS: Muffin Batter (Enriched bleached flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, water, diced apples (apples, water, salt, ascorbic acid, citric acid), modified corn starch. Contains 2% or less of each of the following: partially hydrogenated vegetable shortening ((soybean, and/or cottonseed and/or canola oil) with propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), emulsifier (propylene glycol ester of fatty acids, mono-diglycerides and sodium stearoyl lactylate), salt, spice, nonfat milk, sodium bicarbonate, acidic sodium aluminum phosphate, artificial flavor, sodium caseinate, guar gum, xanthan gum.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Soy, Wheat, Bioengineered food

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Muffin Apple Spice AA/Glaze( Key Name: 70054 )

Muffin Raspberry AA/Glaze  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 610		Calories from Fat 40	
% Daily Values*			
Total Fat	4.5g	7 %	
Saturated Fat	4.5g	23 %	
Trans Fat	0		
Cholesterol	75mg	24 %	
Sodium	440mg	18 %	
Total Carbohydrate	98g	33 %	
Dietary Fiber	1g	4 %	
Sugars	67g		
Protein 6g			
Vitamin A	0%	●	Vitamin C 0%
Calcium	8%	●	Iron 6%
Vitamin E	0%	●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat	9	●	Carbohydrates 4
			● Protein 4

INGREDIENTS: muffin (sugar, bleached wheat flour, water, eggs, soybean oil, raspberry bits (sugar, hydrogenated palm oil, corn flour, corn starch, citric acid, natural flavor, red #40 lake, dried raspberries, blue #1 lake), modified food starch, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), natural flavor, raspberries, dairy whey (milk), salt, mono & diglycerides, xanthan gum, enzyme, f.d. & c. red #40.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin Raspberry AA/Glaze( Key Name: MuffiGlaze )

# Muffin Pumpkin Plain

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 490		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 70g		23 %	
Dietary Fiber 1g		4 %	
Sugars 40g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
		Protein 4	

INGREDIENTS: Muffin BNJ Pumpkin (Sugar, Bleached Wheat Flour, Pumpkin, Eggs, Soybean Oil, Water, Modified Food Starch, Molasses, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Dairy Whey (Milk), Salt, Mono & Diglycerides, Caramel Color, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Pumpkin Plain( Key Name: 70048 )

# Muffin Pumpkin AA only

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 550		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 86g		29 %	
Dietary Fiber 1g		4 %	
Sugars 55g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin BNJ Pumpkin (Sugar, Bleached Wheat Flour, Pumpkin, Eggs, Soybean Oil, Water, Modified Food Starch, Molasses, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Dairy Whey (Milk), Salt, Mono & Diglycerides, Caramel Color, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Pumpkin AA only( Key Name: 70049 )

# Muffin Pumpkin AA/ Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 600		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 100g		33 %	
Dietary Fiber 1g		4 %	
Sugars 68g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Pumpkin (Sugar, Bleached Wheat Flour, Pumpkin, Eggs, Soybean Oil, Water, Modified Food Starch, Molasses, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Dairy Whey (Milk), Salt, Mono & Diglycerides, Caramel Color, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Pumpkin AA/ Glaze( Key Name: 70050 )

# Muffin BNJ Butterscotch AA sugar

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 6g		28 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 430mg		18 %	
Total Carbohydrate 85g		28 %	
Dietary Fiber 0g		0 %	
Sugars 57g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel Oil and Coconut Oil, Whey (Milk), Soy Lecithin (emulsifier), Natural and Artificial Flavor, Artificial Color (F. D. & C. Yellow #6 Lake, Yellow #5 Lake, and Blue #2 Lake), and Salt], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Natural and Artificial Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Butterscotch AA sugar( Key Name: 28129227 )

# Muffin BNJ Lemonpoppys seed AA

## Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
Calories 540		Calories from Fat 180
% Daily Values*		
Total Fat 20g		31 %
Saturated Fat 3.5g		17 %
Trans Fat 0		
Cholesterol 70mg		23 %
Sodium 440mg		18 %
Total Carbohydrate 82g		27 %
Dietary Fiber 0g		0 %
Sugars 53g		
Protein 6g		
Vitamin A 0%		● Vitamin C 0%
Calcium 10%		● Iron 6%
Vitamin E 0%		● Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat 9	●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Lemon Icing Fruit [Corn Syrup, Lemon Peel, Sugar, Water, Natural and Artificial Flavor, contains 2% or less of each of the following: Lemon Puree, Gellan Gum Blend (Sodium Citrate, Sugar, Gellan Gum), Citric Acid, Salt, Potassium Sorbate (preservative), Pectin, Erythorbic Acid, Sodium Benzoate (less than 1/10 of 1% as preservative), F.D.& C. Yellow #5, , Caramel Color, F.D.& C. Yellow #6], Modified Food Starch, Poppy Seeds, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin BNJ Lemonpoppys seed AA( Key Name: 28132227 )

# Muffin BNJ Blueberry AA

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 400mg		16 %	
Total Carbohydrate 77g		26 %	
Dietary Fiber 0g		0 %	
Sugars 49g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Blueberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin BNJ Blueberry AA( Key Name: 28120227 )

# Muffin BNJ Chocolate Chip AA

## Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
Calories	560	Calories from Fat 190
% Daily Values*		
Total Fat	22g	33 %
Saturated Fat	5g	26 %
Trans	Fat 0	
Cholesterol	60mg	21 %
Sodium	420mg	17 %
Total Carbohydrate	84g	28 %
Dietary Fiber	0g	0 %
Sugars	55g	
Protein 6g		
Vitamin A 0%	●	Vitamin C 0%
Calcium 8%	●	Iron 6%
Vitamin E 0%	●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat 9	●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Chocolate Chip AA( Key Name: 28123227 )

Muffin BNJ Cinnamon Chip AA  
Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
<b>Calories</b> 560      Calories from Fat 200		
% Daily Values*		
<b>Total Fat</b>	23g	<b>35 %</b>
Saturated Fat	23g	<b>113 %</b>
Trans Fat	0	
<b>Cholesterol</b>	60mg	<b>21 %</b>
<b>Sodium</b>	420mg	<b>17 %</b>
<b>Total Carbohydrate</b>	85g	<b>28 %</b>
Dietary Fiber	0g	<b>0 %</b>
Sugars	56g	
<b>Protein</b>	5g	
Vitamin A	0%	● Vitamin C 0%
Calcium	10%	● Iron 6%
Vitamin E	0%	● Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000      2,500
Total Fat	Less than	65g      80g
Sat Fat	Less than	20g      25g
Cholesterol	Less than	300mg      300mg
Sodium	Less than	2,400mg      2,400mg
Total Carbohydrates		300g      375g
Dietary Fiber		25g      30g
Calories per gram		
Fat	9	● Carbohydrates 4      ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Cinnamon Chips [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin an emulsifier]), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Cinnamon, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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# Muffin BNJ Double Chocolate Chip AA

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 550		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 5g		26 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 620mg		26 %	
Total Carbohydrate 82g		27 %	
Dietary Fiber 0g		0 %	
Sugars 57g			
Protein 7g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 15%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Water, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, (an emulsifier), Vanilla], Cocoa Powder treated with alkali, Modified Food Starch, Dairy Whey (Milk), Leavening (Baking Soda, Monocalcium Phosphate), Buttermilk Solids, Salt, Caramel Color, Natural Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Double Chocolate Chip AA( Key Name: 28131227 )

# Muffin BNJ Pistachio AA

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 540		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 450mg		19 %	
Total Carbohydrate 82g		27 %	
Dietary Fiber 0g		0 %	
Sugars 51g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Pistachio Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme, F.D. & C. Yellow #5, F.D. & C. Blue #1, and F.D. & C. Red #40.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Pistachio AA( Key Name: 28128227 )

Muffin BNJ Triple Berry AA  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 79g		26 %	
Dietary Fiber 0g		0 %	
Sugars 49g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Blueberries, Cranberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Raspberries, Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

# Muffin BNJ Cran Orange AA

## Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
Calories	500	Calories from Fat 160
% Daily Values*		
Total Fat	18g	28 %
Saturated Fat	3.5g	17 %
Trans	Fat 0	
Cholesterol	60mg	21 %
Sodium	410mg	17 %
Total Carbohydrate	79g	26 %
Dietary Fiber	0g	0 %
Sugars	48g	
Protein	5g	
Vitamin A 0%	●	Vitamin C 0%
Calcium 8%	●	Iron 6%
Vitamin E 0%	●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat 9	●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Cranberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Annatto Color, Enzyme.), sugar

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cran Orange AA( Key Name: 28121227 )

# Muffin BNJ Banana AA/glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 610		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 97g		32 %	
Dietary Fiber 0g		0 %	
Sugars 65g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Banana, Walnuts, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Banana AA/glaze( Key Name: 28137999 )

# Muffin BNJ Butter Scotch AA/Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 630		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 6g		28 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 430mg		18 %	
Total Carbohydrate 101g		34 %	
Dietary Fiber 0g		0 %	
Sugars 72g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel Oil and Coconut Oil, Whey (Milk), Soy Lecithin (emulsifier), Natural and Artificial Flavor, Artificial Color (F. D. & C. Yellow #6 Lake, Yellow #5 Lake, and Blue #2 Lake), and Salt], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Natural and Artificial Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Butter Scotch AA/Glaze( Key Name: 28137998 )

Muffin BNJ Blueberry AA/Glaze  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 400mg		17 %	
Total Carbohydrate 93g		31 %	
Dietary Fiber 0g		0 %	
Sugars 64g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Blueberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

# Muffin BNJ Lemon Poppy AA/Glaze

## Muffin

Nutrition Facts		
Serving Size 1 Muffin (160g)		
Serving Per Container: 1		
Amount Per Serving		
Calories 600	Calories from Fat 180	
% Daily Values*		
Total Fat 20g	31 %	
Saturated Fat 3.5g	17 %	
Trans Fat 0		
Cholesterol 70mg	23 %	
Sodium 440mg	18 %	
Total Carbohydrate 98g	33 %	
Dietary Fiber 0g	0 %	
Sugars 67g		
Protein 6g		
Vitamin A 0%	●	Vitamin C 0%
Calcium 10%	●	Iron 6%
Vitamin E 0%	●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat 9	●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Lemon Icing Fruit [Corn Syrup, Lemon Peel, Sugar, Water, Natural and Artificial Flavor, contains 2% or less of each of the following: Lemon Puree, Gellan Gum Blend (Sodium Citrate, Sugar, Gellan Gum), Citric Acid, Salt, Potassium Sorbate (preservative), Pectin, Erythorbic Acid, Sodium Benzoate (less than 1/10 of 1% as preservative), F.D.& C. Yellow #5, , Caramel Color, F.D.& C. Yellow #6], Modified Food Starch, Poppy Seeds, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Lemon Poppy AA/Glaze( Key Name: 28137996 )

# Muffin BNJ Double Cho AA/Glaze/Chip

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (170g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 620		Calories from Fat 200	
% Daily Values*			
Total Fat 22g		34 %	
Saturated Fat 6g		29 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 620mg		26 %	
Total Carbohydrate 97g		32 %	
Dietary Fiber 0g		1 %	
Sugars 72g			
Protein 7g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 15%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Water, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, (an emulsifier), Vanilla], Cocoa Powder treated with alkali, Modified Food Starch, Dairy Whey (Milk), Leavening (Baking Soda, Monocalcium Phosphate), Buttermilk Solids, Salt, Caramel Color, Natural Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar , Choc Chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanillin).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Double Cho AA/Glaze/Chip( Key Name: 28137995 )

Muffin BNJ Chocolate Chip AA/Glaze/Chip  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (170g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 630		Calories from Fat 200	
		% Daily Values*	
Total Fat	22g	34 %	
Saturated Fat	6g	29 %	
Trans Fat 0			
Cholesterol	60mg	21 %	
Sodium	420mg	17 %	
Total Carbohydrate	99g	33 %	
Dietary Fiber	0g	1 %	
Sugars 70g			
Protein 6g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 8%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar , Choc Chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanillin).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cranberry Orange AA/Glaze  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 160	
		% Daily Values*	
Total Fat	18g	28 %	
Saturated Fat	3.5g	17 %	
Trans Fat 0			
Cholesterol	60mg	21 %	
Sodium	410mg	17 %	
Total Carbohydrate	94g	31 %	
Dietary Fiber	0g	0 %	
Sugars	63g		
Protein 5g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 6%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Cranberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Annatto Color, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

# Muffin BNJ Cinnamon Chip AA/Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 630		Calories from Fat 200	
% Daily Values*			
Total Fat 23g		35 %	
Saturated Fat 23g		113 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 420mg		17 %	
Total Carbohydrate 101g		34 %	
Dietary Fiber 0g		0 %	
Sugars 70g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Cinnamon Chips [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin an emulsifier]), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Cinnamon, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cinnamon Chip AA/Glaze( Key Name: 28137992 )

# Muffin BNJ Pistachio AA/Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 600		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 450mg		19 %	
Total Carbohydrate 98g		33 %	
Dietary Fiber 0g		0 %	
Sugars 66g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Pistachio Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme, F.D. & C. Yellow #5, F.D. & C. Blue #1, and F.D. & C. Red #40.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Pistachio AA/Glaze( Key Name: 28137991 )

# Muffin BNJ Triple Berry AA/Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 570		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 94g		31 %	
Dietary Fiber 0g		0 %	
Sugars 64g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Blueberries, Cranberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Raspberries, Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Triple Berry AA/Glaze( Key Name: 28137990 )

Muffin BNJ Banana Nut Plain  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 190	
		% Daily Values*	
Total Fat	22g	33 %	
Saturated Fat	4g	20 %	
Trans Fat 0			
Cholesterol	70mg	23 %	
Sodium	440mg	18 %	
Total Carbohydrate	69g	23 %	
Dietary Fiber	0g	0 %	
Sugars 38g			
Protein 6g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 6%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Banana, Walnuts, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

# Muffin BNJ Butter Scotch Plain

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 6g		28 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 430mg		18 %	
Total Carbohydrate 71g		24 %	
Dietary Fiber 0g		0 %	
Sugars 43g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel Oil and Coconut Oil, Whey (Milk), Soy Lecithin (emulsifier), Natural and Artificial Flavor, Artificial Color (F. D. & C. Yellow #6 Lake, Yellow #5 Lake, and Blue #2 Lake), and Salt], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Natural and Artificial Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Butter Scotch Plain ( Key Name: 28137988 )

# Muffin BNJ Blueberry Plain

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 440		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 400mg		16 %	
Total Carbohydrate 63g		21 %	
Dietary Fiber 0g		0 %	
Sugars 35g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Blueberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Blueberry Plain( Key Name: 28137987 )

Muffin BNJ Lemon Poppyseed Plain  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 190	
		% Daily Values*	
Total Fat	22g	33 %	
Saturated Fat	4g	20 %	
Trans Fat 0			
Cholesterol	70mg	23 %	
Sodium	440mg	18 %	
Total Carbohydrate	69g	23 %	
Dietary Fiber	0g	0 %	
Sugars 38g			
Protein 6g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 6%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Banana, Walnuts, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Double Chocolate Plain  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 190	
		% Daily Values*	
Total Fat	22g	33 %	
Saturated Fat	5g	26 %	
Trans Fat 0			
Cholesterol	70mg	23 %	
Sodium	620mg	26 %	
Total Carbohydrate	68g	23 %	
Dietary Fiber	0g	0 %	
Sugars 43g			
Protein 7g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 15%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Water, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, (an emulsifier), Vanilla], Cocoa Powder treated with alkali, Modified Food Starch, Dairy Whey (Milk), Leavening (Baking Soda, Monocalcium Phosphate), Buttermilk Solids, Salt, Caramel Color, Natural Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cranberry Orange Plain  
Muffin

# Nutrition Facts

Serving Size 1 Muffin (130g)

Serving Per Container: 1

Amount Per Serving

Calories 440

Calories from Fat 160

% Daily Values\*

Total Fat 18g

28 %

Saturated Fat 3.5g

17 %

Trans Fat 0

Cholesterol 60mg

21 %

Sodium 410mg

17 %

Total Carbohydrate 64g

21 %

Dietary Fiber 0g

0 %

Sugars 34g

Protein 5g

Vitamin A 0%

●

Vitamin C 0%

Calcium 8%

●

Iron 6%

Vitamin E 0%

●

Vitamin B6 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9

●

Carbohydrates 4

●

Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Cranberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Annatto Color, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

# Muffin BNJ Cinnamon Chip Plain

## Muffin

Nutrition Facts	
Serving Size 1 Muffin (130g)	
Serving Per Container: 1	
Amount Per Serving	
<b>Calories</b> 510	Calories from Fat 200
% Daily Values*	
<b>Total Fat</b> 23g	<b>35 %</b>
Saturated Fat 23g	<b>113 %</b>
Trans Fat 0	
<b>Cholesterol</b> 60mg	<b>21 %</b>
<b>Sodium</b> 420mg	<b>17 %</b>
<b>Total Carbohydrate</b> 71g	<b>24 %</b>
Dietary Fiber 0g	<b>0 %</b>
Sugars 42g	
<b>Protein</b> 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 6%
Vitamin E 0%	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	Carbohydrates 4 Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Cinnamon Chips [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin an emulsifier]), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Cinnamon, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cinnamon Chip Plain( Key Name: 28137983 )

# Muffin BNJ Pistachio Plain

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 490		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 450mg		19 %	
Total Carbohydrate 68g		23 %	
Dietary Fiber 0g		0 %	
Sugars 37g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Pistachio Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme, F.D. & C. Yellow #5, F.D. & C. Blue #1, and F.D. & C. Red #40.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Pistachio Plain( Key Name: 28137982 )

# Muffin BNJ Chocolate Chip Plain

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 5g		26 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 420mg		17 %	
Total Carbohydrate 70g		23 %	
Dietary Fiber 0g		0 %	
Sugars 41g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
		Protein 4	

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Triple Berry Plain  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 450		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 64g		21 %	
Dietary Fiber 0g		0 %	
Sugars 35g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Blueberries, Cranberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Raspberries, Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry Plain  
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 450		Calories from Fat 160	
		% Daily Values*	
Total Fat	18g	28 %	
Saturated Fat	3.5g	17 %	
Trans Fat	0		
Cholesterol	60mg	21 %	
Sodium	410mg	17 %	
Total Carbohydrate	66g	22 %	
Dietary Fiber	0g	0 %	
Sugars	36g		
Protein	5g		
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 6%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Strawberry (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Strawberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

# Muffin BNJ Strawberry AA

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 80g		27 %	
Dietary Fiber 0g		0 %	
Sugars 50g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Strawberry (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Strawberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry AA( Key Name: 28137978 )

# Muffin BNJ Strawberry AA/Glaze

## Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 570		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 96g		32 %	
Dietary Fiber 0g		0 %	
Sugars 65g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Strawberry (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Strawberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry AA/Glaze( Key Name: 28137977 )

**BNJ Muffin Cherry Almond AA/Glazed  
Muffin**

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 590		Calories from Fat 170	
% Daily Values*			
Total Fat 19g		30 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 430mg		18 %	
Total Carbohydrate 98g		33 %	
Dietary Fiber 0g		0 %	
Sugars 65g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Maraschino Cherries, [Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (a preservative), Sodium Benzoate (a preservative), Citric Acid, Natural and Artificial Flavor, F.D. & C. Red #40, Sulphur Dioxide (a preservative)], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.