

Muffin Apple Spice Plain Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 440		Calories from Fat 220	
% Daily Values*			
Total Fat 24g		37 %	
Saturated Fat 5g		25 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 400mg		17 %	
Total Carbohydrate 54g		18 %	
Dietary Fiber 2g		8 %	
Sugars 28g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 10%
Calcium 4%		●	Iron 15%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin Batter (Enriched bleached flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, water, diced apples (apples, water, salt, ascorbic acid, citric acid), modified corn starch. Contains 2% or less of each of the following: partially hydrogenated vegetable shortening ((soybean, and/or cottonseed and/or canola oil) with propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), emulsifier (propylene glycol ester of fatty acids, mono-diglycerides and sodium stearoyl lactylate), salt, spice, nonfat milk, sodium bicarbonate, acidic sodium aluminum phosphate, artificial flavor, sodium caseinate, guar gum, xanthan gum.).

Contains: Eggs, Milk, Soy, Wheat

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin Apple Spice Plain(Key Name: 70052)

Muffin Apple Spice AA only

Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 220	
% Daily Values*			
Total Fat 24g		37 %	
Saturated Fat 5g		25 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 400mg		17 %	
Total Carbohydrate 70g		23 %	
Dietary Fiber 2g		8 %	
Sugars 44g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 10%
Calcium 4%		●	Iron 15%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin Batter (Enriched bleached flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, water, diced apples (apples, water, salt, ascorbic acid, citric acid), modified corn starch. Contains 2% or less of each of the following: partially hydrogenated vegetable shortening ((soybean, and/or cottonseed and/or canola oil) with propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), emulsifier (propylene glycol ester of fatty acids, mono-diglycerides and sodium stearoyl lactylate), salt, spice, nonfat milk, sodium bicarbonate, acidic sodium aluminum phosphate, artificial flavor, sodium caseinate, guar gum, xanthan gum.), sugar .

Contains: Eggs, Milk, Soy, Wheat,
Bioengineered food

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Muffin Apple Spice AA only(Key Name: 70053)

Muffin Apple Spice AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 220	
% Daily Values*			
Total Fat 24g		37 %	
Saturated Fat 5g		25 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 400mg		17 %	
Total Carbohydrate 84g		28 %	
Dietary Fiber 2g		8 %	
Sugars 57g			
Protein 6g			
Vitamin A 0% ● Vitamin C 10%			
Calcium 4% ● Iron 15%			
Vitamin E 0% ● Vitamin B6 0%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9 ●	Carbohydrates 4 ●	Protein 4 ●	

INGREDIENTS: Muffin Batter (Enriched bleached flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, water, diced apples (apples, water, salt, ascorbic acid, citric acid), modified corn starch. Contains 2% or less of each of the following: partially hydrogenated vegetable shortening ((soybean, and/or cottonseed and/or canola oil) with propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), emulsifier (propylene glycol ester of fatty acids, mono-diglycerides and sodium stearoyl lactylate), salt, spice, nonfat milk, sodium bicarbonate, acidic sodium aluminum phosphate, artificial flavor, sodium caseinate, guar gum, xanthan gum.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Soy, Wheat,
Bioengineered food

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Muffin Apple Spice AA/Glaze(Key Name: 70054)

Muffin Raspberry AA/Glaze
Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 610		Calories from Fat 40	
% Daily Values*			
Total Fat 4.5g		7 %	
Saturated Fat 4.5g		23 %	
Trans Fat 0			
Cholesterol 75mg		24 %	
Sodium 440mg		18 %	
Total Carbohydrate 98g		33 %	
Dietary Fiber 1g		4 %	
Sugars 67g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: muffin (sugar, bleached wheat flour, water, eggs, soybean oil, raspberry bits (sugar, hydrogenated palm oil, corn flour, corn starch, citric acid, natural flavor, red #40 lake, dried raspberries, blue #1 lake), modified food starch, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), natural flavor, raspberries, dairy whey (milk), salt, mono & diglycerides, xanthan gum, enzyme, f.d. & c. red #40.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Raspberry AA/Glaze(Key Name: MuffiGlaze)

Muffin Pumpkin Plain

Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 490		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 70g		23 %	
Dietary Fiber 1g		4 %	
Sugars 40g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
		Protein 4	

INGREDIENTS: Muffin BNJ Pumpkin (Sugar, Bleached Wheat Flour, Pumpkin, Eggs, Soybean Oil, Water, Modified Food Starch, Molasses, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Dairy Whey (Milk), Salt, Mono & Diglycerides, Caramel Color, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Pumpkin Plain(Key Name: 70048)

Muffin Pumpkin AA only

Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 550		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 86g		29 %	
Dietary Fiber 1g		4 %	
Sugars 55g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
		Protein 4	

INGREDIENTS: Muffin BNJ Pumpkin (Sugar, Bleached Wheat Flour, Pumpkin, Eggs, Soybean Oil, Water, Modified Food Starch, Molasses, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Dairy Whey (Milk), Salt, Mono & Diglycerides, Caramel Color, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Pumpkin AA only(Key Name: 70049)

Muffin Pumpkin AA/ Glaze Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 600		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 100g		33 %	
Dietary Fiber 1g		4 %	
Sugars 68g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Pumpkin (Sugar, Bleached Wheat Flour, Pumpkin, Eggs, Soybean Oil, Water, Modified Food Starch, Molasses, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Dairy Whey (Milk), Salt, Mono & Diglycerides, Caramel Color, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin Pumpkin AA/ Glaze(Key Name: 70050)

Muffin BNJ Butterscotch AA sugar
Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 6g		28 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 430mg		18 %	
Total Carbohydrate 85g		28 %	
Dietary Fiber 0g		0 %	
Sugars 57g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel Oil and Coconut Oil, Whey (Milk), Soy Lecithin (emulsifier), Natural and Artificial Flavor, Artificial Color (F. D. & C. Yellow #6 Lake, Yellow #5 Lake, and Blue #2 Lake), and Salt], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Natural and Artificial Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin BNJ Lemonpoppys seed AA

Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
Calories	540	Calories from Fat 180
% Daily Values*		
Total Fat	20g	31 %
Saturated Fat	3.5g	17 %
Trans	Fat 0	
Cholesterol	70mg	23 %
Sodium	440mg	18 %
Total Carbohydrate	82g	27 %
Dietary Fiber	0g	0 %
Sugars	53g	
Protein 6g		
Vitamin A	0%	● Vitamin C 0%
Calcium	10%	● Iron 6%
Vitamin E	0%	● Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat	9 ●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Lemon Icing Fruit [Corn Syrup, Lemon Peel, Sugar, Water, Natural and Artificial Flavor, contains 2% or less of each of the following: Lemon Puree, Gellan Gum Blend (Sodium Citrate, Sugar, Gellan Gum), Citric Acid, Salt, Potassium Sorbate (preservative), Pectin, Erythorbic Acid, Sodium Benzoate (less than 1/10 of 1% as preservative), F.D.& C. Yellow #5, , Caramel Color, F.D.& C. Yellow #6], Modified Food Starch, Poppy Seeds, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Lemonpoppys seed AA(Key Name: 28132227)

Muffin BNJ Blueberry AA
Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 400mg		16 %	
Total Carbohydrate 77g		26 %	
Dietary Fiber 0g		0 %	
Sugars 49g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Blueberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Chocolate Chip AA
Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
Calories 560 Calories from Fat 190		
% Daily Values*		
Total Fat	22g	33 %
Saturated Fat	5g	26 %
Trans Fat	0	
Cholesterol	60mg	21 %
Sodium	420mg	17 %
Total Carbohydrate	84g	28 %
Dietary Fiber	0g	0 %
Sugars	55g	
Protein	6g	
Vitamin A	0%	● Vitamin C 0%
Calcium	8%	● Iron 6%
Vitamin E	0%	● Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat	9	● Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cinnamon Chip AA
Muffin

Nutrition Facts		
Serving Size 1 Muffin (140g)		
Serving Per Container: 1		
Amount Per Serving		
Calories 560 Calories from Fat 200		
% Daily Values*		
Total Fat	23g	35 %
Saturated Fat	23g	113 %
Trans Fat	0	
Cholesterol	60mg	21 %
Sodium	420mg	17 %
Total Carbohydrate	85g	28 %
Dietary Fiber	0g	0 %
Sugars	56g	
Protein	5g	
Vitamin A	0%	● Vitamin C 0%
Calcium	10%	● Iron 6%
Vitamin E	0%	● Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat	9	● Carbohydrates 4
		● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Cinnamon Chips [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin an emulsifier]), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Cinnamon, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Double Chocolate Chip AA

Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 550		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 5g		26 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 620mg		26 %	
Total Carbohydrate 82g		27 %	
Dietary Fiber 0g		0 %	
Sugars 57g			
Protein 7g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 15%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Water, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, (an emulsifier), Vanilla], Cocoa Powder treated with alkali, Modified Food Starch, Dairy Whey (Milk), Leavening (Baking Soda, Monocalcium Phosphate), Buttermilk Solids, Salt, Caramel Color, Natural Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin BNJ Double Chocolate Chip AA(Key Name: 28131227)

Muffin BNJ Pistachio AA

Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 540		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 450mg		19 %	
Total Carbohydrate 82g		27 %	
Dietary Fiber 0g		0 %	
Sugars 51g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Pistachio Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme, F.D. & C. Yellow #5, F.D. & C. Blue #1, and F.D. & C. Red #40.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Muffin BNJ Pistachio AA(Key Name: 28128227)

Muffin BNJ Triple Berry AA
Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 79g		26 %	
Dietary Fiber 0g		0 %	
Sugars 49g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Blueberries, Cranberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Raspberries, Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cran Orange AA

Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 79g		26 %	
Dietary Fiber 0g		0 %	
Sugars 48g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Cranberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Annatto Color, Enzyme.), sugar

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cran Orange AA(Key Name: 28121227)

Muffin BNJ Banana AA/glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 610		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 97g		32 %	
Dietary Fiber 0g		0 %	
Sugars 65g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Banana, Walnuts, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Banana AA/glaze(Key Name: 28137999)

Muffin BNJ Butter Scotch AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 630		Calories from Fat 190	
% Daily Values*			
Total Fat 22g		33 %	
Saturated Fat 6g		28 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 430mg		18 %	
Total Carbohydrate 101g		34 %	
Dietary Fiber 0g		0 %	
Sugars 72g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel Oil and Coconut Oil, Whey (Milk), Soy Lecithin (emulsifier), Natural and Artificial Flavor, Artificial Color (F. D. & C. Yellow #6 Lake, Yellow #5 Lake, and Blue #2 Lake), and Salt], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Natural and Artificial Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Butter Scotch AA/Glaze(Key Name: 28137998)

Muffin BNJ Blueberry AA/Glaze
Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 160	
		% Daily Values*	
Total Fat	18g	28 %	
Saturated Fat	3.5g	17 %	
Trans Fat 0			
Cholesterol	60mg	21 %	
Sodium	400mg	17 %	
Total Carbohydrate	93g	31 %	
Dietary Fiber	0g	0 %	
Sugars 64g			
Protein 5g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 0%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Blueberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Lemon Poppy AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 600		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 440mg		18 %	
Total Carbohydrate 98g		33 %	
Dietary Fiber 0g		0 %	
Sugars 67g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 10%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Lemon Icing Fruit [Corn Syrup, Lemon Peel, Sugar, Water, Natural and Artificial Flavor, contains 2% or less of each of the following: Lemon Puree, Gellan Gum Blend (Sodium Citrate, Sugar, Gellan Gum), Citric Acid, Salt, Potassium Sorbate (preservative), Pectin, Erythorbic Acid, Sodium Benzoate (less than 1/10 of 1% as preservative), F.D.& C. Yellow #5, , Caramel Color, F.D.& C. Yellow #6], Modified Food Starch, Poppy Seeds, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Lemon Poppy AA/Glaze(Key Name: 28137996)

Muffin BNJ Double Cho AA/Glaze/Chip

Muffin

Nutrition Facts	
Serving Size 1 Muffin (170g)	
Serving Per Container: 1	
Amount Per Serving	
Calories 620	Calories from Fat 200
% Daily Values*	
Total Fat 22g	34 %
Saturated Fat 6g	29 %
Trans Fat 0	
Cholesterol 70mg	23 %
Sodium 620mg	26 %
Total Carbohydrate 97g	32 %
Dietary Fiber 0g	1 %
Sugars 72g	
Protein 7g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 15%
Vitamin E 0%	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	Carbohydrates 4 Protein 4

INGREDIENTS: Muffin (Sugar, Water, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, (an emulsifier), Vanilla], Cocoa Powder treated with alkali, Modified Food Starch, Dairy Whey (Milk), Leavening (Baking Soda, Monocalcium Phosphate), Buttermilk Solids, Salt, Caramel Color, Natural Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar , Choc Chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanillin).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Double Cho AA/Glaze/Chip(Key Name: 28137995)

Muffin BNJ Chocolate Chip AA/Glaze/Chip
Muffin

Nutrition Facts			
Serving Size 1 Muffin (170g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 630		Calories from Fat 200	
% Daily Values*			
Total Fat 22g		34 %	
Saturated Fat 6g		29 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 420mg		17 %	
Total Carbohydrate 99g		33 %	
Dietary Fiber 0g		1 %	
Sugars 70g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 8%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar , Choc Chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanillin).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cranberry Orange AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 560		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 94g		31 %	
Dietary Fiber 0g		0 %	
Sugars 63g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
		Protein 4	

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Cranberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Annatto Color, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cranberry Orange AA/Glaze(Key Name: 28137993)

Muffin BNJ Cinnamon Chip AA/Glaze

Muffin

Nutrition Facts		
Serving Size 1 Muffin (160g)		
Serving Per Container: 1		
Amount Per Serving		
Calories 630	Calories from Fat 200	
% Daily Values*		
Total Fat 23g	35%	
Saturated Fat 23g	113%	
Trans Fat 0		
Cholesterol 60mg	21%	
Sodium 420mg	17%	
Total Carbohydrate 101g	34%	
Dietary Fiber 0g	0%	
Sugars 70g		
Protein 5g		
Vitamin A 0%	●	Vitamin C 0%
Calcium 10%	●	Iron 6%
Vitamin E 0%	●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat 9	●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Cinnamon Chips [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin an emulsifier]), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Cinnamon, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cinnamon Chip AA/Glaze(Key Name: 28137992)

Muffin BNJ Pistachio AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 600		Calories from Fat 180	
		% Daily Values*	
Total Fat	20g	31 %	
Saturated Fat	4g	20 %	
Trans	Fat 0		
Cholesterol	70mg	23 %	
Sodium	450mg	19 %	
Total Carbohydrate	98g	33 %	
Dietary Fiber	0g	0 %	
Sugars	66g		
Protein 6g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 6%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Pistachio Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme, F.D. & C. Yellow #5, F.D. & C. Blue #1, and F.D. & C. Red #40.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Pistachio AA/Glaze(Key Name: 28137991)

Muffin BNJ Triple Berry AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 570		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 94g		31 %	
Dietary Fiber 0g		0 %	
Sugars 64g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Blueberries, Cranberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Raspberries, Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Triple Berry AA/Glaze(Key Name: 28137990)

Muffin BNJ Banana Nut Plain
Muffin

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Banana, Walnuts, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Butter Scotch Plain
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 190	
		% Daily Values*	
Total Fat 22g		33 %	
Saturated Fat 6g		28 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 430mg		18 %	
Total Carbohydrate 71g		24 %	
Dietary Fiber 0g		0 %	
Sugars 43g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel Oil and Coconut Oil, Whey (Milk), Soy Lecithin (emulsifier), Natural and Artificial Flavor, Artificial Color (F. D. & C. Yellow #6 Lake, Yellow #5 Lake, and Blue #2 Lake), and Salt], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Natural and Artificial Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Blueberry Plain
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 440		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 400mg		16 %	
Total Carbohydrate 63g		21 %	
Dietary Fiber 0g		0 %	
Sugars 35g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Blueberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Lemon Poppyseed Plain
Muffin

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Banana, Walnuts, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Double Chocolate Plain
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 500		Calories from Fat 190	
		% Daily Values*	
Total Fat	22g	33 %	
Saturated Fat	5g	26 %	
Trans Fat 0			
Cholesterol	70mg	23 %	
Sodium	620mg	26 %	
Total Carbohydrate	68g	23 %	
Dietary Fiber	0g	0 %	
Sugars 43g			
Protein 7g			
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 15%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Water, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, (an emulsifier), Vanilla], Cocoa Powder treated with alkali, Modified Food Starch, Dairy Whey (Milk), Leavening (Baking Soda, Monocalcium Phosphate), Buttermilk Solids, Salt, Caramel Color, Natural Flavor, Mono & Diglycerides, Xanthan Gum, Enzyme).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cranberry Orange Plain
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 440		Calories from Fat 160	
		% Daily Values*	
Total Fat	18g	28 %	
Saturated Fat	3.5g	17 %	
Trans Fat	0		
Cholesterol	60mg	21 %	
Sodium	410mg	17 %	
Total Carbohydrate	64g	21 %	
Dietary Fiber	0g	0 %	
Sugars	34g		
Protein	5g		
Vitamin A 0%	●	Vitamin C 0%	
Calcium 8%	●	Iron 6%	
Vitamin E 0%	●	Vitamin B6 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Cranberries, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural Flavor, Xanthan Gum, Annatto Color, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cinnamon Chip Plain

Muffin

Nutrition Facts		
Serving Size 1 Muffin (130g)		
Serving Per Container: 1		
Amount Per Serving		
Calories 510	Calories from Fat 200	
% Daily Values*		
Total Fat 23g		35 %
Saturated Fat 23g		113 %
Trans Fat 0		
Cholesterol 60mg		21 %
Sodium 420mg		17 %
Total Carbohydrate 71g		24 %
Dietary Fiber 0g		0 %
Sugars 42g		
Protein 5g		
Vitamin A 0%	●	Vitamin C 0%
Calcium 10%	●	Iron 6%
Vitamin E 0%	●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat 9	●	Carbohydrates 4 ● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Cinnamon Chips [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin an emulsifier]), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Cinnamon, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Cinnamon Chip Plain(Key Name: 28137983)

Muffin BNJ Pistachio Plain
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 490		Calories from Fat 180	
% Daily Values*			
Total Fat 20g		31 %	
Saturated Fat 4g		20 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 450mg		19 %	
Total Carbohydrate 68g		23 %	
Dietary Fiber 0g		0 %	
Sugars 37g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Pistachio Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme, F.D. & C. Yellow #5, F.D. & C. Blue #1, and F.D. & C. Red #40.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Chocolate Chip Plain

Muffin

Nutrition Facts		
Serving Size 1 Muffin (130g)		
Serving Per Container: 1		
Amount Per Serving		
Calories	510	Calories from Fat 190
% Daily Values*		
Total Fat	22g	33 %
Saturated Fat	5g	26 %
Trans Fat	0	
Cholesterol	60mg	21 %
Sodium	420mg	17 %
Total Carbohydrate	70g	23 %
Dietary Fiber	0g	0 %
Sugars	41g	
Protein	6g	
Vitamin A	0%	Vitamin C 0%
Calcium	8%	Iron 6%
Vitamin E	0%	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram		
Fat	9	Carbohydrates 4 Protein 4

INGREDIENTS: Muffin (Sugar, Bleached Wheat Flour, Water, Eggs, Soybean Oil, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an emulsifier), Vanilla], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Chocolate Chip Plain(Key Name: 28137981)

Muffin BNJ Triple Berry Plain
Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 450		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 64g		21 %	
Dietary Fiber 0g		0 %	
Sugars 35g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	●
			Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Blueberries, Cranberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Raspberries, Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry Plain

Muffin

Nutrition Facts			
Serving Size 1 Muffin (130g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 450		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 66g		22 %	
Dietary Fiber 0g		0 %	
Sugars 36g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Strawberry (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Strawberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.).

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry Plain(Key Name: 28137979)

Muffin BNJ Strawberry AA

Muffin

Nutrition Facts			
Serving Size 1 Muffin (140g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 510		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 80g		27 %	
Dietary Fiber 0g		0 %	
Sugars 50g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Strawberry (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Strawberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry AA(Key Name: 28137978)

Muffin BNJ Strawberry AA/Glaze

Muffin

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 570		Calories from Fat 160	
% Daily Values*			
Total Fat 18g		28 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 60mg		21 %	
Sodium 410mg		17 %	
Total Carbohydrate 96g		32 %	
Dietary Fiber 0g		0 %	
Sugars 65g			
Protein 5g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 6%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin BNJ Strawberry (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Strawberries, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural Flavor, Dairy Whey (Milk), Salt, Mono & Diglycerides, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Muffin BNJ Strawberry AA/Glaze(Key Name: 28137977)

**BNJ Muffin Cherry Almond AA/Glazed
Muffin**

Nutrition Facts			
Serving Size 1 Muffin (160g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 590		Calories from Fat 170	
% Daily Values*			
Total Fat 19g		30 %	
Saturated Fat 3.5g		17 %	
Trans Fat 0			
Cholesterol 70mg		23 %	
Sodium 430mg		18 %	
Total Carbohydrate 98g		33 %	
Dietary Fiber 0g		0 %	
Sugars 65g			
Protein 6g			
Vitamin A 0%		●	Vitamin C 0%
Calcium 8%		●	Iron 0%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: Muffin (Bleached Wheat Flour, Sugar, Water, Eggs, Soybean Oil, Maraschino Cherries, [Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (a preservative), Sodium Benzoate (a preservative), Citric Acid, Natural and Artificial Flavor, F.D. & C. Red #40, Sulphur Dioxide (a preservative)], Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dairy Whey (Milk), Salt, Mono & Diglycerides, Natural and Artificial Flavor, Xanthan Gum, Enzyme.), glaze (sugar, water, maltodextrin. contains 2% or less of each of the following: agar, cellulose gum, potassium, sorbate, citric acid, mono- and diglycerides), sugar .

Contains: Eggs, Milk, Peanuts, Soy, Tree Nuts, Wheat, Bioengineered food

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Cinnamon Roll Cream Cheese
Cinnamon roll

Nutrition Facts			
Serving Size 1 Cinnamon roll (110g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 340		Calories from Fat 90	
% Daily Values*			
Total Fat 10g		15 %	
Saturated Fat 4g		19 %	
Trans Fat 0			
Polyunsaturated Fat 0			
Monounsaturated Fat 0			
Cholesterol 10mg		3 %	
Sodium 330mg		14 %	
Total Carbohydrate 59g		20 %	
Dietary Fiber 6g		22 %	
Sugars 31g			
Protein 6g			
Vitamin A 8%		●	Vitamin C 6%
Calcium 8%		●	Iron 10%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: wheat flour (enriched wheat flour (wheat flour, less than 1% malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid)), water, Glaze (Sugar, Water, Maltodextrin, Cornstarch, contains 2% or less of : Agar-Agar, Carob Bean gum, Citric Acid, Disodium Phosphate, Mono- and Diglycerides, Preseervative (Potassium Sorbate).), Cream Cheese Icing (sugar, vegetable shortening (palm oil, canola oil, mono- and diglycerides, polysorbate 60), cream cheese (pasteurized milk and cream, salt, carob bean gum, cheese culture), dextrose, water. contains 2% or less of the following: corn syrup, high fructose corn syrup, cream cheese powder (cream, nonfat milk, salt, sodium alginate, lactic acid, corn syrup solids, sodium caseinate, natural flavor), natural and artificial flavor, corn starch, salt, soybean oil, benzoic acid, sodium benzoate, potassium sorbate, polysorbate 60, artificial color), filling (sugar, enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, cinnamon, margarine (palm oil, water, soybean oil, salt, mono- and diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavor, beta-carotene, vitamin a palmitate, whey), contains 2% or less of: acidic calcium sulfate, ascorbic acid, potassium sorbate, sodium benzoate, sodium propionate, sorbic acid, salt, soybean oil), base (dextrose, whey, salt, mono and diglycerides, soy oil, soy flour, natural and artificial flavors, guar gum, calcium propionate, contains less than 2% of: sodium stearoyl lacylate, sodium acid pyrophosphate, wheat gluten, sodium bicarbonate, ammonium sulfate, xanthan gum, eggs, tricalcium phosphate, enzymes, ascorbic acid, beta carotene), sugar, filling (water, high fructose corn syrup, sugar, food starch-modified, contains 2% or less of: agar, artificial flavor, caramel color, citric acid, palm oil, sodium benzoate, sorbic acid salt, titanium dioxide, yellow 5, yellow 6), shortening (soybean oil, hydrogenated soybean oil, hydrogenated cottonseed oil), yeast (yeast, sorbitan monostearate, may contain ascorbic acid), Whole Egg.

Contains: Eggs, Milk, Soy, Wheat,
Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Cinnamon Roll Glazed Cinnamon Roll

Nutrition Facts			
Serving Size 1 Cinnamon Roll (95g)			
Serving Per Container: 1			
Amount Per Serving			
Calories 270		Calories from Fat 50	
% Daily Values*			
Total Fat 6g		9 %	
Saturated Fat 2.5g		12 %	
Trans Fat 0			
Polyunsaturated Fat 0			
Monounsaturated Fat 0			
Cholesterol 10mg		3 %	
Sodium 320mg		13 %	
Total Carbohydrate 50g		17 %	
Dietary Fiber 6g		22 %	
Sugars 22g			
Protein 5g			
Vitamin A 8%		●	Vitamin C 6%
Calcium 8%		●	Iron 10%
Vitamin E 0%		●	Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	●	Carbohydrates 4	● Protein 4

INGREDIENTS: wheat flour (enriched wheat flour (wheat flour, less than 1% malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid)), water, Glaze (Sugar, Water, Maltodextrin, Cornstarch, contains 2% or less of : Agar-Agar, Carob Bean gum, Citric Acid, Disodium Phosphate, Mono- and Diglycerides, Preseervative (Potassium Sorbate).), filling (sugar, enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, cinnamon, margarine (palm oil, water, soybean oil, salt, mono- and diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavor, beta-carotene, vitamin a palmitate, whey), contains 2% or less of: acidic calcium sulfate, ascorbic acid, potassium sorbate, sodium benzoate, sodium propionate, sorbic acid, salt, soybean oil), base (dextrose, whey, salt, mono and diglycerides, soy oil, soy flour, natural and artificial flavors, guar gum, calcium propionate, contains less than 2% of: sodium stearyl lacylate, sodium acid pyrophosphate, wheat gluten, sodium bicarbonate, ammonium sulfate, xanthan gum, eggs, tricalcium phosphate, enzymes, ascorbic acid, beta carotene), sugar, filling (water, high fructose corn syrup, sugar, food starch-modified, contains 2% or less of: agar, artificial flavor, caramel color, citric acid, palm oil, sodium benzoate, sorbic acid salt, titanium dioxide, yellow 5, yellow 6), shortening (soybean oil, hydrogenated soybean oil, hydrogenated cottonseed oil), yeast (yeast, sorbitan monostearate, may contain ascorbic acid), Whole Egg.

Contains: Eggs, Milk, Soy, Wheat,
Bioengineered food

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Cinnamon Roll Glazed(Key Name: Cinnaeonly)