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Three levels of service available. See contract insert for details.

Breakfast

All Breakfast Fresh Starts include Orange Juice, Columbia-brewed coffee, Half & Half and Sugar. Stations require additional staffing.

The Continental

Ham

\$ 9 .	.95/	'pe	erso	n
 A	-			

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The Traditional Breakfa	ast \$12.	\$12.95/person		
FEATURES	SERVING SIZE	CALORIES		
Mini Danish	1	180		
Mini Cinnamon Rolls	1	140		
Mini Muffins	2	100-180		
Cheddar Scrambled Eggs	1/2 c	140		
Redskin Parmesan Potatoes	1/4 c	92		
Meat (choose 1)				
FEATURES	SERVING SIZE	CALORIES		
Bacon	2 pc	310		
Sausage Link	1 pc	78		

Biscuits & Gravy	^{\$} 12.95/person	
FEATURES	SERVING SIZE	CALORIES
Sausage Gravy	1/4 c	100
Biscuits	1 ct	150
Redskin Parmesan Potatoes	1/4 c	92
Scrambled Eggs	1/2 c	140
*add on to any package for \$5	05 per person	

4 oz slice

55

*add-on to any package for \$5.95 per person

Petite Breakfast Sandwiches \$12.95/person

		-
FEATURES	SERVING SIZE	CALORIES
(Assorted of All Varieties)		
Sausage, Egg & Cheese Croissar	nt 2	513
Bacon, Egg & Cheese Croissant	2	475
Ham, Egg & Cheese Croissant	2	348
Egg & Cheese Croissant	2	320
Redskin Parmesan Potatoes	1/4 c	92
Mini Muffins	2	100-180

SAVORY OR SWEET, BEGIN WITH BREAKFAST

French Toast or Pancake	s \$10.	95/persor
FEATURES	SERVING SIZE	CALORIES
French Toast	2	360
Pancakes	3	220
Fruit Salad	1/2 c	36
Syrup	1/4 c	210
Butter	1	50
Meat (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Bacon	2 рс	310
Sausage Link	1 pc	78
Ham	4 oz slice	55

Omelette Station \$14.95/per		95/person
FEATURES	SERVING SIZE	CALORIES
Eggs	1/2 c	140
Green Peppers	2T	8
Tomatoes	2T	9
Mushrooms	2T	17
Spinach	2T	5
Cheddar Cheese	1T	30
Redskin Parmesan Potatoes	1/4 c	92
Meat Choice (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Bacon	2 рс	310
Sausage Link	1 pc	78
Ham	4 oz slice	55
*add omelets to any package for	r \$5.95 per pers	son

Belgian Waffle Station

Deigian Wanne Diation	12.757 person		
FEATURES	SERVING SIZE	CALORIES	
Waffles	1	190	
Whipped Butter	1T	50	
Syrup	1T	52	
Cherries	2T	26	
Whipped Cream	1T	10	
Pecans	1T	196	
Fresh Fruit Topping	1/2 c	36	
Redskin Parmesan Potatoes	1/4 c	92	
*add waffles to any package for	r \$5.95 per pers	son	

\$12.95/person

Drinks

FEATURES	SERVING SIZE	CALORIES
Orange Juice	1 c	112
Coffee	1 c	2
Half & Half	1T	20
Sugar	1 pkt	16

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Lunch Buffets

The Premade Sandwich Buffet includes your choice of a Kitchen Fresh Salad, Kitchen Fresh Deli Chips, Ranch Dip, Assorted Bakery Fresh Breads, Deli Meats, Cheeses and Condiments. Our DIY Sandwich Buffet has all the same items and quantities as the Premade Buffet, but guests create their own.

Soup, Salad, & Sandwich

Sandwiches (includes all following)

FEATURES	SERVING SIZE	CALORIES
Assorted Bakery Breads	2 рс	26-180
Roast Beef	2 oz	30
Turkey	2 oz	50
Ham	2 oz	71
Provolone	1 oz	111
Swiss	1 oz	91
American	1 oz	100
Condiment Tray	5 oz	45
Mayo	1T	100
Mustard	1T	9

\$16.95/person*

Salads (choose 1)

FEATURES	SERVING SIZE	CALORIES
Mixed Greens Salad	1/2 c	10
Caesar Salad	1/2 c	160

Soup (choose 1)

FEATURES	SERVING SIZE	CALORIES
Chicken Noodle	1 c	110
Chili	1 c	200
Broccoli & Cheese	1 c	180
Tomato Tortellini	1 c	200
Vegetarian Black Bean	1 c	180
Stuffed Pepper	1 c	100
Baked Potato with Bacon	1 c	240
Italian Wedding	1 c	100
Lemon, Chicken & Orzo	1 c	110
Fire-Roasted Vegetable	1 c	70
Lasagna Soup	1 c	180
Chicken & Artichoke Florentin	e 1c	240
Beef Barley	1 c	90
Chicken Pot Pie	1 c	120

Ask about our full line of soup options!

Premade Sandwich Buffet\$15DIY Sandwich Buffet\$14

\$15.95/person* \$14.95/person*

Sandwiches (includes all following)

Broccoli Bacon with Raisin

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FEATURES	SERVING SIZE	CALORIES
Assorted Breads	2 pc	26-180
Roast Beef	2 oz	30
Turkey	2 oz	50
Ham	2 oz	71
Provolone	1 oz	111
Swiss	1 oz	91
American	1 oz	100
Chips	1.5 oz	120
Ranch Dip	2T	20
Condiment Tray	5 oz	45
Mayo	1T	100
Mustard	1T	9
Salad (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Potato Salad	1/2 c	250
Rotelli Pasta Salad	1/2 c	320
Gourmet Coleslaw	1/2 c	80
Spinach Pinenut Salad	1/2 c	252
English Cucumber & Tomato	1/2 c	50

1/2 c

330



Boxed Lunches

Sandwiches (choose 3 per event) \$15.95/person*

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FEATURES	SERVING SIZE	CALORIES
Turkey Provolone Sub	1	400
Roast Beef & Cheddar Sub	1	520
Ham & Swiss Sub	1	430
Veggie Pepperjack Sub	1	370
Chicken Caesar Wrap	1	730
Ranch Chicken Wrap	1	680
Turkey Swiss Croissant	1	520
Caesar Salad with Dressing	1	550
Garden Salad with Dressing	1	50
Tuna Salad Croissant	1	574
Rotisserie Chicken Salad Pretzel B	un 1	647

Salad Choices (choose 1 per 25 people)

FEATURES	SERVING SIZE	CALORIES
Potato Salad	1/2 c	250
Rotelli Pasta Salad	1/2 c	320
Gourmet Coleslaw	1/2 c	80
Spinach Pinenut Salad	1/2 c	252
Whole Apple or Orange	1	77

Sides

FEATURES	SERVING SIZE	CALORIES
Chocolate Chip Cookie	1 ct	120-140
Bagged Chips	1.5 oz	120

Beverage Choices

\$2/person

Iced Tea, Water, Diet & Regular Soft Drinks



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



Grill Outs

The Grill Out includes your choice of a Kitchen Fresh Salad and Chips.

Brat & Hot Dog	\$15.95/person	
FEATURES	SERVING SIZE	CALORIES
Brat	1	320
Hot Dog	1	172
Bun	2	220
Condiment Tray	5 oz	45
Chips	1.5 oz	120
Ranch Dip	2T	20
Salads (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Potato Salad	1/2 c	250
Gourmet Coleslaw	1/2 c	80
Sides (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Baked Beans	1/2 c	140
Corn with Peppers & Onions	1/2 c	110
Green Beans with Bacon	1/2 c	80
Burger & Brat	\$ 16 .	.95/person
EEATIIDES	CEDVINC SIZE	

100,0, person		
SERVING SIZE	CALORIES	
1	320	
1	270	
2	110-150	
5 oz	45	
1.5 oz	120	
2T	20	
	SERVING SIZE 1 2 5 oz 1.5 oz	

Salads (choose 1)

FEATURES	SERVING SIZE	CALORIES
Potato Salad	1/2 c	250
Gourmet Coleslaw	1/2 с	80

Sides (choose 1)

FEATURES	SERVING SIZE	CALORIES
Baked Beans	1/2 c	140
Corn with Peppers & Onions	1/2 c	110
Green Beans with Bacon	1/2 c	80



Sausage & Chicken	^{\$} 17.95/person	
FEATURES	SERVING SIZE	CALORIES
Condiment Tray	5 oz	45
Chips	1.5 oz	120
Ranch Dip	2T	20
Bun	2	220
Sausage (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Polish	1	280
Italian	1	280
Dyngus	1	280
Bone-In Chicken (choose 1)		
FEATURES	SERVING SIZE	CALORIES
BBQ	1	175
Montreal Seasoned	1	140
Salads (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Potato Salad	1/2 c	250
Gourmet Coleslaw	1/2 c	80
Sides (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Baked Beans	1/2 c	140
Corn with Peppers & Onions	1/2 c	110
Green Beans with Bacon	1/2 c	80

BBQ Ribs

\$24.95/person

FEATURES	SERVING SIZE	CALORIES
Mixed Green Salad	1/2 c	10
Craft Beer Mac & Cheese	1/2 c	180
Ribs	6 bones	840
Dinner Rolls	1	80
Butter	1	50

Sides (choose 1)

FEATURES	SERVING SIZE	CALORIES
Baked Beans	1/2 c	140
Corn with Peppers & Onions	1/2 c	110
Green Beans with Bacon	1/2 c	80

Substitute Any Salad for Fresh Fruit Salad for \$2 more per person!

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Beverages

New York Strip

9.95/person
CALORIES
648
10
35
168
50
30
2
80

Beverages		^{\$} 2/person
FEATURES	SERVING SIZE	CALORIES
Iced Tea	8 oz	90
Diet Soda	8 oz	0
Soda	8 oz	100
Lemonade	8 oz	99
Bottled Water	8 oz	0
Hot Chocolate	8 oz	80
Coffee	8 oz	2



Famous Buffets

Famous Chicken Buffet

Lunch \$13.95/person Dinner \$15.95/person

	2	, persen
FEATURES	SERVING SIZE	CALORIES
Mashed Potatoes & Gravy	1/2 c	177
Rolls	1	80
Butter	1	50
Meat (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Fried Chicken	1 pc	180-530
Baked Chicken	1 pc	240-430
Salad (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Caesar	1/2 c	160
Mixed Greens	1/2 c	10
Potato Salad	1/2 c	250
Gourmet Coleslaw	1/2 c	80
Vegetable (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Corn with Peppers & Onions	1/2 c	110
Green Beans with Bacon	1/2 c	80

Famous Polish Buffet

Lunch \$14.95/person

	Diffier	Diffier +10.95/person	
FEATURES	SERVING SIZE	CALORIES	
Polish Sausage	1	280	
Fried Chicken	1 pc	180-530	
Green Beans w/ Bacon	1/2 c	80	
Sweet & Sour Cabbage	1/3 с	70	
Polish Noodles	1/4 c	98	
Mashed Potatoes & Gravy	1/2 c	177	
Rolls	1	180	
Butter	1	50	

Mediterranean Buffet

Lunch \$13.95/person Dinner \$15.95/person

	Diffice	5.757 person
FEATURES	SERVING SIZE	CALORIES
Pita Chips & Hummus	3 oz	190
Greek Salad	1/2 c	220
Gyro Meat	4 slices	200
Mediterranean Chicken	1/4 c	51
Pita Bread	1	100
Feta Cheese	2T	70
Feisty Feta	2T	80
Tzatziki Sauce	2T	50
Shredded Lettuce	1/4 c	2.5
Diced Tomato	1/4 c	8.75
Diced Red Onion	2T	10
Diced Cucumber	1/4 c	2.5

Italian Buffet	Lunch \$13.95/person Dinner \$15.95/person	
FEATURES	SERVING SIZE	CALORIES
Italian Salad	1/2 c	185
Dressing	2T	35
Garlic Bread	1 slice	41
Entrée (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Pasta Primavera	1/2 c	160
Spinach Lasagna Rolls	1	300
Baked Mostaccioli w/ Meatball	s 1c	395
Penne Pasta with Bolognese	1 c	170
Italian Sausage Pasta	1/2 c	220
Chicken Parmesan	1/2 c	420
Taco Bar Buffet	Lunch ^{\$} 1:	3.95/person

Dinner \$15.95/person SERVING SIZE CALORIES **FEATURES** Hard Taco Shell 2 160 Soft Taco Shell 2 200 Sour Cream 2T 30 Salsa and Diced Onion 2T 10 Guacamole 2T 50 Shredded Lettuce 1/4 c 2.5 Shredded Cheese 2T 60 Diced Tomatoes 8.75 1/4 с Sliced Black Olives 2T 15 Jalapenos 2T 20 Protein (choose 2) FEATURES SERVING SIZE CALORIES Ground Beef 1/3 с 60 Shredded Chicken 1/4 c 51 Beef Birria 1/4 c 120 Rice (choose 1) FEATURES SERVING SIZE CALORIES Mexican Rice 170 1/4 c Cilantro Lime Rice 1/4 с 160 Beans (choose 1) FEATURES SERVING SIZE CALORIES 1/4 с Refried Beans 40 1/2 c Black Beans 120 Borracho Beans 1/2 c 90

Asian Buffet

Lunch \$13.95/person Dinner \$15.95/person

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FEATURES	SERVING SIZE	CALORIES
Vegetable Fried Rice	1/2 c	170
Vegetable Lo Mein	1/2 c	100
Vegetable Egg Roll or Rangoon	1	130
Entrée (choose 1)		
FEATURES	SERVING SIZE	CALORIES
Orange Chicken	1 c	340
General Tso's Chicken	1 c	480
Sweet & Sour Chicken	1 c	360
Cashew Chicken with Broccoli	1 c	410

Deluxe Buffets

Deluxe Buffets are served with your choice of three sides listed below and fresh bakery rolls with butter. Pricing below is per person.

Lunch Dinner Beef

1 entrée ^{\$}16.95; 2 entrées ^{\$}20.95 1 entrée ^{\$}19.95; 2 entrées ^{\$}21.95

Beef		
FEATURES	SERVING SIZE	CALORIES
Roast Beef Bordelaise	4 oz	120
Stroganoff	4 oz	170
Savory Pot Roast w/ Vegetable	s 4 oz	170
Flank Steak	4 oz	220
Chicken		
FEATURES	SERVING SIZE	CALORIES
Fried Chicken	1	180-530
Baked Bone-In Chicken-Red Per	oper 1	240-430
Baked Bone-In Chicken-Garlic	1	240-430
Baked Bone-In Chicken-Chimic	hurri 1	240-430
Baked Bone-In Chicken-Rotisse	rie 1	240-430
Baked Bone-In Chicken-Italian	1	240-430
Chicken Marsala	1	210
Chicken Parmesan	1	410
Chicken Piccata	1	190
Grilled Thigh w/choice of sauce	e 1	170
Grilled Breast w/choice of sauc	e 1	150
Pork		
FEATURES	SERVING SIZE	CALORIES
Polish Sausage	1	280
Sliced Italian Sausage w/peppers&onic	ons 1/2 c	220
Bratwurst	1	280
Roasted Pork Loin	4 oz	130
Pulled BBQ Pork	1/2 c	120
Grilled Pork Chops w/choice of sa	auce 1	340
Fish		
FEATURES	SERVING SIZE	CALORIES
Crab Stuffed Whitefish	1	280
Grilled Salmon with Dill	1	230
Crab Cakes w/ Remoulade Sauc		310
Tortilla Crusted Tilapia	1	260
Pasta	Ť	200
FEATURES	SERVING SIZE	CALORIES
Noodles with Mushroom Sauce & Meatl		
Pasta Primavera	palls 1 C 1/2 C	368 160
	1/20	
Spinach Lasagna Rolls Baked Mostaccioli w/ Meatball	-	300 395
Penne Pasta with Bolognese	1c	170
Italian Sausage Pasta	1/4 c	220
Tortellini w/ Bacon, Peas, & Pest	o 1/4 c	270

Vegetarian / Gluten Free		\$8.95/person	
FEATURES	SERVING SIZE	CALORIES	
Quinoa Stuffed Bell Pepper	1	290	
Quinoa Stuffed Mushroom	1	280	
Eggplant Rollatini	1 c	376	
Caprese Stuffed Mushroom	1	212	
Ricotta Stuffed Mushroom	1	228	
Black Bean & Kale Stuffed Sweet Pot	ato 1	335	

Carving Station

Market Price

FEATURES	SERVING SIZE	CALORIES
Prime Rib	4 oz	286
Flank Steak	4 oz	219
Rotisserie Turkey Breast	4 oz	110
Pork Loin	4 oz	130

Starches (choose 3 total of starches, vegetables and/or salads)

FEATURES	SERVING SIZE	CALORIES
Baked Scalloped Potatoes	1/2 c	170
Mashed Potatoes & Gravy	1/2 c	177
Redskin Garlic Mashed	1/2 c	90
Pasta w/ Fresh Herbs	1/2 c	490
Baked Potato w Butter/Sour Cre	eam 1	168
Bacon Cheddar Twice Baked	1	410
Craft Beer Macaroni & Cheese	1/2 c	180
Roasted Redskin Parmesan Potat	:oes 1/2 c	80
Vegetables		
FEATURES	SERVING SIZE	CALORIES
Corn with Peppers and Onions	s 1/2 c	110
Green Beans Almondine	1/2 c	68
Green Beans w/ Bacon	1/2 c	80
Roasted Vegetables	1/2 c	35
Roasted Parisian Carrots	1/2 c	80
Roasted Brussels Sprouts	1/2 c	180
Salads		
FEATURES	SERVING SIZE	CALORIES
Caesar	1/2 c	160
Mixed Greens	1/2 c	10
Italian Mixed	1/2 c	185-220
All American Salad	1/2 c	150
Spinach Pinenut	1/2 c	190
Gourmet Coleslaw	1/2 c	80
Potato Salad	1/2 c	250
Broccoli Slaw	1/2 c	300
Smoked Mozzarella Penne Sala	ad 1/2 c	330
Breads		
FEATURES	SERVING SIZE	CALORIES
Roll	1	80
Butter	1	50
*Add-On Price is \$6.95 Each		

*Add-On Price is \$6.95 Each

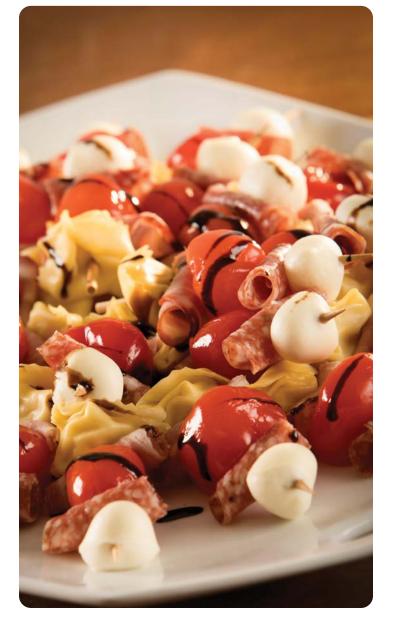
Hors Doeuvres, Irays, & Desserts

Hors d'oeuvres

Each listed are in 25 pc increments.

FEATURES	SERVING SIZE	CALORIES	PRICE
Sundried Tomato & Goat Cheese Bruschetta	1 pc	105	^{\$} 45.95
Tomato, Basil & Mozzarella Crostini	1 pc	150	^{\$} 45.95
Chicken Skewers	1 pc	108	\$45.95
Vegetable Egg Rolls	1	260	^{\$} 72.95
Wing Sections	1	180	^{\$} 59.95
Boneless Wings	4 pc	190	\$ 59.95
Meatballs w Sauce	2 ea	120-150	^{\$} 72.95
Iced Jumbo Shrimp	1 pc	41	^{\$} 64.95
Crab Stuffed Mushroor	ns 1 pc	26	^{\$} 64.95
Antipasto Skewers	1 pc	162	\$75.95

Trays		Each tray serves 20-3	30 people.
FEATURES	SERVING SIZE	CALORIES	PRICE
Mexican Dip & Tortilla Chips	3 oz	390	^{\$} 34.95
Assorted Cracker Tray	v 4 ea	90	^{\$} 45.95
Fiesta Party Tray	1/2 c	190	^{\$} 34.95
Hummus & Pita Chips	3 oz	190	^{\$} 34.95
Spinach Dip Bread Basket	2.5 oz	270	^{\$} 59.95
Cheese Spread & Crackers	2 oz, 4 cr	180	^{\$} 45.95
Garden Tray	1/30th	150-35	^{\$} 79.95
High Roller Wraps	2 рс	200	^{\$} 79.95
Mega Mini Breakfast Tray	1	300	^{\$} 64.95
Petite Classic Tray	1	200	^{\$} 79.95
Snackers Tray	1/30th	430	^{\$} 99.95
Cheese Tray	1/30th	390	^{\$} 99.95
Fresh Fruit Tray w/ Dip	1/2 c	110	\$99.95



Desserts	Ask your consultant about seasonal desserts!		
FEATURES	SERVING SIZE	CALORIES	PRICE
Mini Pecan Tartlettes	1	100	\$ 8.95
Mini Cupcakes (12ct)	3	280-300	^{\$} 12.95
Mini Brownie Bites	2	190	^{\$} 10.95
Cream Pies	1/8th	310-390	\$ 29.95
Fruit Pies	1/8th	310-330	^{\$} 29.95
Mini Cream Puffs & Eclairs T	ray 1 pc	45	^{\$} 35.95
Brownie Tray	1 pc	250-260	^{\$} 69.95
Variety Cookie Tray	2 pc	240-280	^{\$} 69.95
Cookie & Brownie Tray	y 2 pc	240-280	^{\$} 69.95
Salted Caramel Pretzel Bars	s 1 pc	260	^{\$} 69.95
Mini Cheesecake Cone	s 1 pc	152	^{\$} 74.95
Thumbprint Cookies	1 pc	69	^{\$} 19.95
Cookies (18 ct)	1 pc	126	^{\$} 15.95
Frosted Cupcakes	1 ea	200	\$ 10.95 +
Quarter Sheet Cake	1 pc	270-290	\$ 79.95 +
Half Sheet Cake	1 pc	270-290	\$ 99.95 +
Full Sheet Cake	1 pc	270-290	\$ 119.95 +





OUR Smokehouse BBO is the result OF exceptional taste buds TESTED AGAINST complex SAUCE RECIPES, ALL slow-roasted ATOP GRATES OVER SMOKEY, RED-HOT, CHERRY WOOD LOGS. DONT EVEN GET US STARTED on the FRESH BAKED Com Muffin Tops. AND DID WE MENTION THE SIGNATURE SIDES? OH THE SIDES!

SMOKEHOUSE BBQ BUFFET SALADS (CHOOSE ONE)

^{\$}24.95/PERSON*

FEATURES	SERVING SIZE	CALORIES
Mixed Greens Salad	1/2 c	10
Potato Salad	1/2 c	250
Gourmet Coleslaw	1/2 c	80

COMFORT FOOD SIDES & EXTRAS (INCLUDED)

FEATURES	SERVING SIZE	CALORIES
Cowboy Baked Beans	1/2 c	180
Smoked Gourmet Mac & Chees	e 1/2 c	160
Cornbread Top	1	180
Pickle Spear	1	15

SIGNATURE SAUCES (CHOOSE TWO)

FEATURES	SERVING SIZE	CALORIES
Traditional	1 oz	50
Carolina	l oz	14
Bourbon	1 oz	42
Sweet & Spicy	1 oz	12





THE MAIN EVENT (CHOOSE TWO)

FEATURES	SERVING SIZE	CALORIES
8 pc Smoked Chicken	1 pc	480
Smoked Chicken Wings	2	354
Smoked Pulled Pork w/	1/2 c	210
Smoked Ribs (When available)	3 bones	450
Smoked Rib Tips	4 oz	380

ADD-ON \$7.95/PERSON* SUB-IN \$2.00/PERSON*

FEATURES	SERVING SIZE	CALORIES
Smoked Beef Brisket	4 oz	280

Book your event today! 1-877-550-CHEF (2433) CateringByMartins.com





